

## NCFE Level 1 / Level 2 Food and Cookery – Teaching schedule (2024-2025: Year 10 *only*)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	<b>Content area 1:</b> Health and safety relating to food, nutrition and the cooking environment	<b>Content area 2:</b> Food legislation and food provenance	<b>Content area 3:</b> Food groups, key nutrients and a balanced diet	<b>Content area 3:</b> Food groups, key nutrients and a balanced diet	<b>Content area 3:</b> Food groups, key nutrients and a balanced diet  <b>Content area 4:</b> Factors affecting food choice 10	<b>Content area 5:</b> Food preparation, cooking skills and techniques
Year 11	<b>Content area 6:</b> Recipe amendment, development and evaluation	<b>Content area 7:</b> Menu and action planning for completed dishes	<b>NEA</b> Coursework completion	<b>Recap:</b> All Content areas: 1-7	<b>Examination</b> Food and Cookery	