

READY-MADE
TUTORIAL
ACTIVITY FOR
YEAR 12



LINK FOR
TEACHERS AND
STUDENTS TO
ACCESS VIDEO
& PPT ON WEB
SITE





Jot down the
sources of distractions
mentioned in the video

Let's get a list together

Put in rank order from
most distraction to
least

Estimate how much time you spend **PER TYPICAL WEEKDAY** (Monday-Friday) on your phone that is **NOT** spent on learning or moving your studies forward?

Choose the hours on your phone per day **NOT** spent on learning

- 1 hour
- 2-3 hours
- 3-4 hours
- 5-6 hours
- 7-8 hours
- 8+ hours



Calculate

If you turned the time you spend
each day:

NOT learning on your phone
TO learning

Calculate how much **additional
time** would you be able to spend
on helping you achieve great
grades?

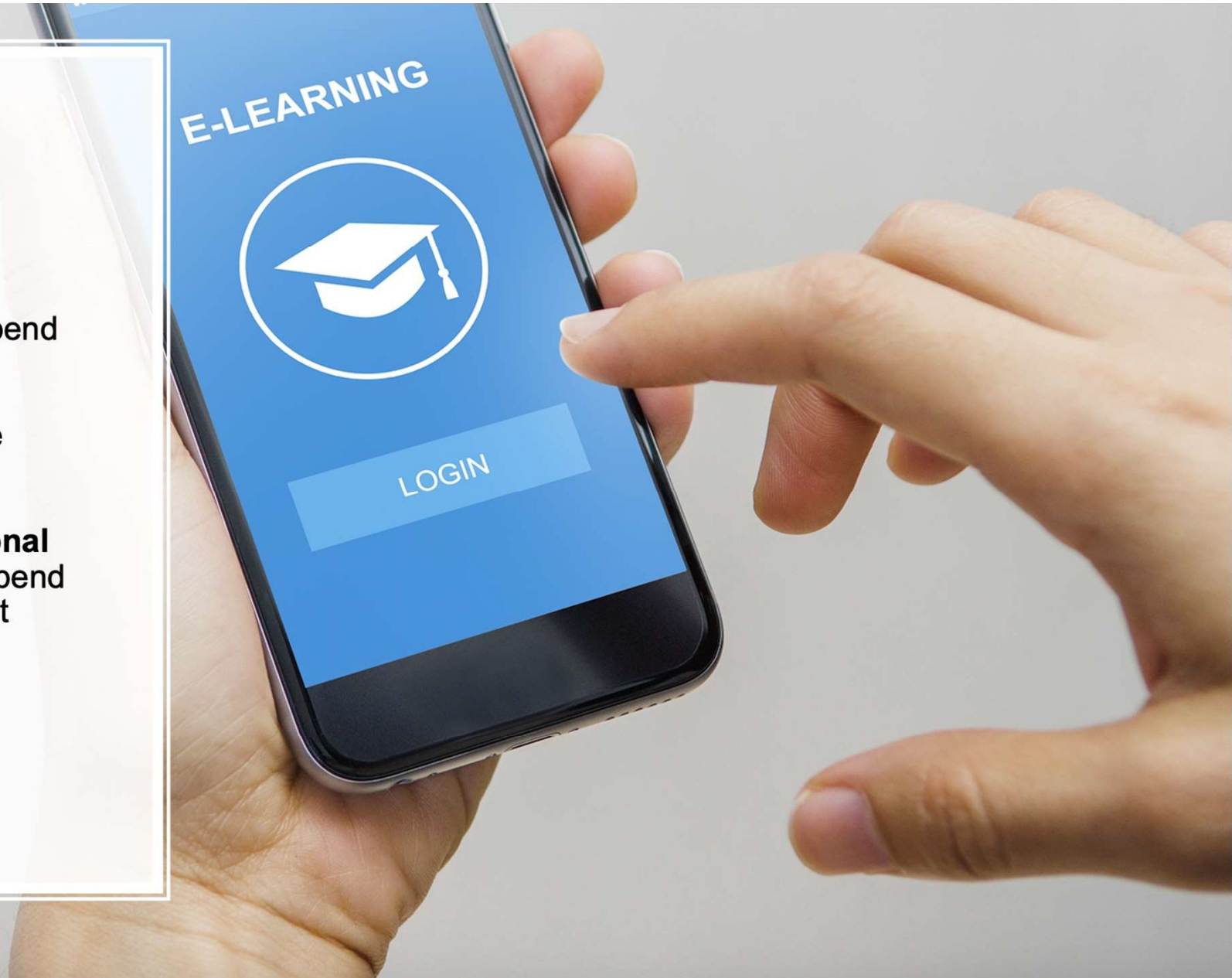
Typical daily amount

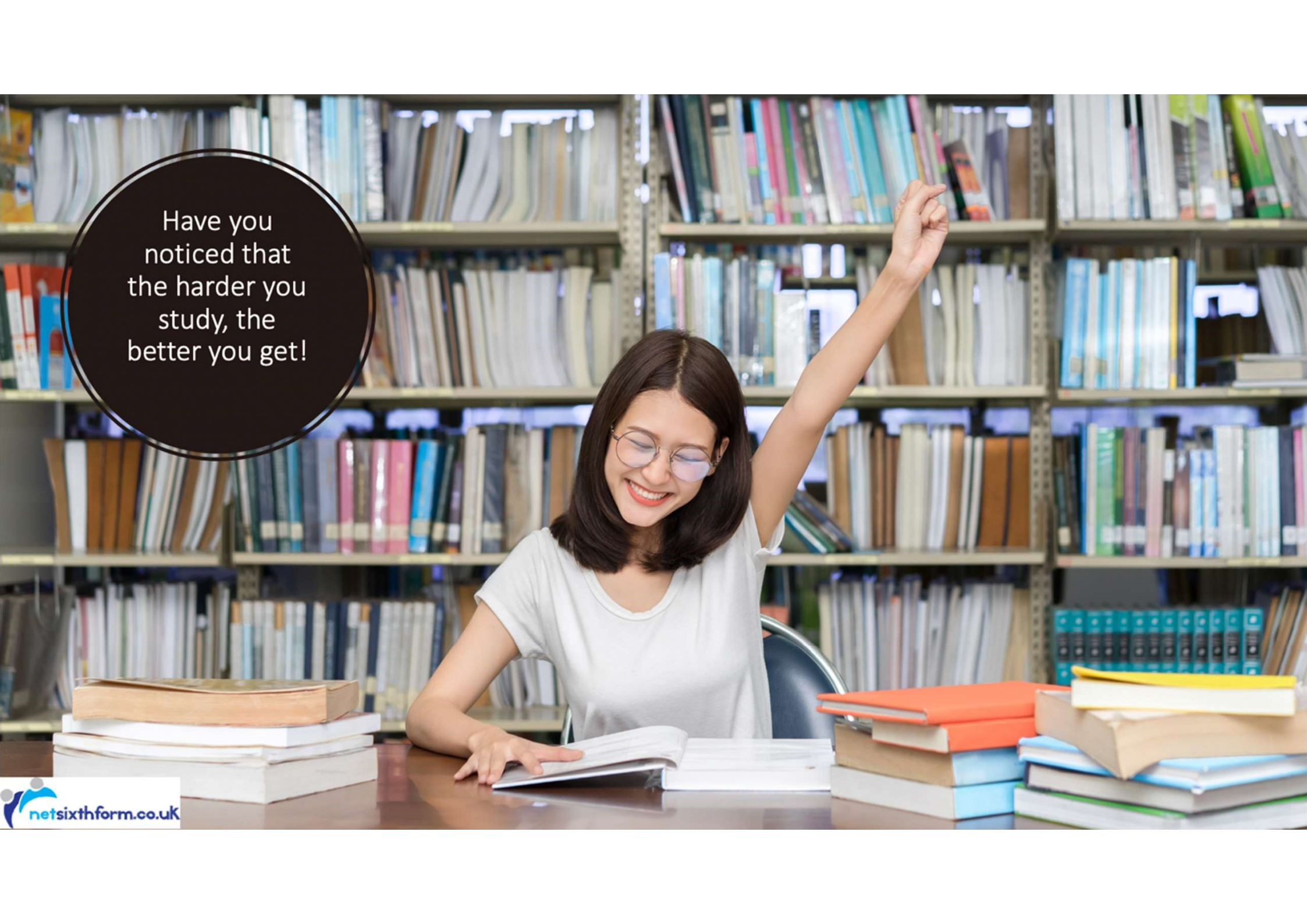
X 5 weekdays =

E-LEARNING



LOGIN





Have you
noticed that
the harder you
study, the
better you get!

*Successful people work hard...
sometimes it's hard to study instead of socialise
on your phone...but the reward comes later*

