

A student perspective: Sport BTEC

Why did you choose this subject?

Love all kinds of sport.

I chose this subject as I enjoy playing sport and I enjoyed the subject at GCSE and I want to further my knowledge for my future within the sporting sector. As well as actually participating in practical sport I am really interested in the theory behind human movement and being able to apply this to practical work is really useful.

Give examples of what you have studied in this subject:

Team sports and Individual sports – practical performance, coaching and officiating.

Jobs and careers within sport.

Anatomy and physiology

Looking at the sports industry as a Business

What do you enjoy most about studying this subject?

The practical element allows you to take part in a range of sports – not only ones you are good at! You get involved with a new sport, you can learn the history of your sport how to improve your skills and analyse your performance. and learn about how your body works during sports performance.

What Advice to someone who is considering this subject:

It's a must...make sure that playing sport is something you enjoy to do because you will be assessed on practical performance. There is also a lot of written work and the course is physically demanding as-well, and you need to be able to keep on top of the work, and your fitness. You also need to enjoy science (or at least human biology as this is a big part of the course, however this is also really interesting.

What subjects do you study alongside this one?

Science BTEC Business BTEC

What are your plans Post-18?

My plans are to either do an apprenticeship within the police and also to do some sports coaching