



# Blackfen School for Girls

Raising aspirations - releasing potential

Headteacher Matthew Brown BA(Hons) DMS(Ed)

Blackfen School for Girls,  
Blackfen Road,  
Sidcup, Kent.  
DA15 9NU

T: 020 8303 1887

F: 020 8298 1656

E: [admin@blackfen.bexley.sch.uk](mailto:admin@blackfen.bexley.sch.uk)  
[www.blackfenschoolforgirls.co.uk](http://www.blackfenschoolforgirls.co.uk)

29<sup>th</sup> March 2018

To All Parents and Carers

Dear Parent/Carer

As we (finally) reach the end of winter and start looking forward to some warmer weather I am writing to you to inform you of our sun protection policy. This policy has been written in conjunction with parents, staff and Governors and health professionals and I would like to thank all those who have contributed. The policy is available to view on the school website.

The rationale for this policy is that “schools are an excellent place to teach healthy behaviours that can prevent over-exposure to UV radiation”. However, this policy stresses the important role that parents/carers play in the education of our young people, alongside responsibilities of young people to take precautions and enjoy the sun safely.

During the summer months we expect our young people to apply sunscreen before coming to school or to bring sunscreen to school to apply during the day. If necessary students should bring a hat to school. This is particularly important for PE lessons. Students should also have a water bottle with them and must ensure that they drink regularly to prevent dehydration.

During sunny weather and hot temperatures rooms will be set aside in school for students to use to keep out of the sun. We also have sun canopies and shelters.

I would be grateful if you could read the through the policy with your daughter/son to highlight the issue that young people’s skin is particularly vulnerable to damage from the sun’s UV rays in the summer.

Below are some useful links for information:

[www.Sunsmart.org.uk](http://www.Sunsmart.org.uk)

[www.who.int/uv/publications/en/sunprotschools.pdf](http://www.who.int/uv/publications/en/sunprotschools.pdf)

Thank you for your support in raising awareness of the importance of sun safety and sun protection.

Yours sincerely

**Matthew Brown**  
**HEAD TEACHER**

